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Spaghetti Bolognese with parmesan cheese	Sml \$3.50 Lrg	\$5.00
Lasagna (Beef)		\$4.00
Spinach & Ricotta cannelloni		\$4.00
Honey soy Chicken with rice		\$4.00
Pumpkin Soup & Small Roll		\$4.50
Bacon & Egg muffin with tomato sauce		\$3.50
Hot Chicken Roll with mayo		\$4.50
Meatball Sub with BBQ sauce		\$4.50

BURGERS

Beef – with cheese, BBQ sauce, lettuce & tomato	\$5.00
Chicken – with cheese, Mayo, Lettuce & Carrot	\$5.00
Vegetarian – with cheese, mayo, lettuce & carrot	\$5.00

TOASTED SANDWICH'S

Cheese	\$3.00
Ham & Cheese	\$3.50
Chicken, Cheese & Mayo	\$4.00

SANDWICH OR ROLL

Add cheese to any 0.50c	Sandwich	Roll
Vegemite	\$2.00	\$2.50
Salad	\$3.00	\$3.50
Cheese & Salad	\$3.50	\$4.00
Ham & Salad	\$3.50	\$4.00
Ham, Cheese & Tomato	\$4.00	\$4.50
Chicken & Salad	\$4.50	\$5.00
Tuna & Salad	\$4.50	\$5.00
Egg & Salad	\$4.50	\$5.00

SALAD

Garden S	alad		SML \$3.00	LRG \$5.00			
Lettuce, t	Lettuce, tomato, cucumber & Carrot						
Mediterranean Salad SML \$3.50 LRG				LRG \$6.00			
Mixed Lettuce, cucumber, tomato, olives, roasted Capsicums & feta Cheese							
ADD to y	our salad:						
	Roasted Chicken	\$2.00	Chicken Tenders (2	\$3.00			
	Ham	\$1.50	Sweet chili Tenders	(2) \$3.00			
	Tuna	\$1.50	Cheese	\$1.00			

SPECIAL MEALS OF THE WEEK

MONDAY

Sausage Roll	\$3.50
Nachos with salsa & Cheese	\$3.50
Nachos with beef mince sauce & Cheese	\$4.00
Butter Chicken with rice	\$4.00

TUESDAY & THURSDAY

Beef Pie	\$3.70
Snack pie	\$2.40
Macaroni Cheese with Bacon	\$4.00
Teriyaki Chicken with rice	\$4.00

WEDNESDAY & FRIDAY

WEDNESDITI & I KIDITI			
Pasta –	Penne with Chicken in a rose sauce	\$4.00	
	Penne with chorizo & sliced olives in a red sauce	\$4.00	
Pizza Slice	– BBQ Chicken, Hawaiian or Pepperoni	\$4.00	
	Cheese	\$3.00	
Hot dog wi	th tomato sauce	\$3.50	
	Add: Tomato sauce sachet 0.30c		

WRAPS

Add Cheese to any 0.50c	Snack	Full
Chicken tender with mayo & salad	\$3.50	\$5.00
Sweet chili tenders with Sweet chili sauce & salad	\$3.50	\$5.00
Salad	\$3.00	\$4.50
Cheese & Salad	\$3.50	\$5.00
Ham & Salad	\$3.50	\$5.00
Ham, Cheese & Tomato	\$3.50	\$5.00
Chicken & Salad	\$3.50	\$5.00
Tuna & Salad	\$3.50	\$5.00
Egg & Salad	\$3.50	\$5.00

All come with Mayo, lettuce, cucumber & carrot

GLUTEN FREE OPTIO	
Pasta Bolognese with Parmesan cheese	\$4.00
Beef Pie	\$3.70
Beef sausage roll & veggies	\$3.50
Vegetable & Ricotta roll	\$3.50
SNACKS	
Oat & Coconut cookie	0.50c
Vanilla vogurt 100g	\$1.00

Oat & Coconut cookie	0.50c
Vanilla yogurt 100g	\$1.00
Cheesy	\$1.00
Diced peach cup	\$1.50
Popcorn 25g Sea salt	\$2.00
Seasonal fruit cup	\$3.00

DRINKS	
Water (600ml)	\$1.50
Juice box –	\$1.50
Orange / Apple / Apple & Blackcurrant	
Up & Go –	\$2.00
Choc / banana / Vanilla / Strawberry	
Nippy's 250ml Milk – Choc / Strawberry	\$2.00